



Helping out at home

In Rydal we always try and help others - try some of these activities to help the adults out at home.

1

Cleaning the windows

Can you ask the adult for a cloth and spray to clean the windows? A popular spray is Windolene - but remember to ask an adult how to use it before starting.



2

Pairing up

Can you pair up your socks? After clothes have been washed socks need pairing up! Can you help out by pairing up all the socks? You could also pair up the shoes and ensure they are put away in their correct place?



3

Washing up

All students in Rydal have been working on washing up after eating their snacks. Could you help the adults with the washing up after dinner or tea? You could help with filling the sink with soapy water, washing individual pots or drying up using a tea towel.

