



Rydal

Let's have fun!



It is important you take the time to relax and have fun as a family.

Simon Says

Try playing this classic game as a family. You could try and think of different ideas before you start. You could also create visual cue cards to help the students generate ideas.

Simon says draw with your feet.

Simon says lift your feet up as high as you can.

Simon says play air guitar

Simon says roll over

Simon says waddle like a penguin



Simon says

How to Play the Memory Game



Tray game

Play a guessing game: put an assortment of items on a tray, everyone tries to memorise the items. Everyone closes their eyes then one person removes a few items and students and adults try to guess what was removed.



Hide and Seek!

Play hide and seek. It's not just for the students! The students will love to find the adults as well!

Variation

Try playing hide the snack. You could collect a series of random containers or boxes and hide the student's favourite snack. They are then given a set time e.g. 1 minute to open the containers and find their snack. To make this more challenging you could hide the containers as well!

