

Dyed Rice



Materials

- White rice
- Vinegar
- Food colouring
- Flat tray
- Grease-proof paper

Measure 1 cup of rice for every 1 tablespoon of vinegar. Add rice and vinegar into a ziplock bag. Add a few drops of food colouring. Shake well until all the rice grains are coloured. Spread out a thin layer on a flat tray over grease-proof paper. Leave to dry for 30 minutes. There can be a strong vinegar smell so you might want to leave it outside. You can also add a few drops of essential oils.

Great for hiding letters and numbers for your child to find. Add different utensils and containers for filling and emptying. Use to mark make by placing a thin layer in a tray.