

PSHCE

Key Stages 3 & 4 Subject Mapping

PSHCE is embedded throughout the curriculum in addition to being taught as a discrete subject. PSHCE not only encompasses structured units of study, but also includes personal and life skills which are promoted on a daily basis both within the school curriculum and beyond. Additional opportunities for learning include school activities, concerts, residential holidays, home management, travel and vocational models.

	2019 Autumn Term	2020 Spring Term	2020 Summer Term
Year 1	Making a positive contribution	Caring Friendships	Being Safe
	<p>Pupils learn what it is to be part of a community:</p> <ul style="list-style-type: none"> • Rules around school – being healthy, safe, happy, friendly, fair, responsible <p>Learn to care for the school and local community; actions may affect the environment:</p> <ul style="list-style-type: none"> • Litter pick • Consider town, countryside and park rules and consequences if broken • Local recycling <p>Link to sustainable development goal 12 Ensure sustainable consumption</p>	<p>Look at different relationships and why they are important:</p> <ul style="list-style-type: none"> • Discuss differences and similarities between us and our peers • Special people in their life e.g. friends / family • Role play appropriate / inappropriate behaviours • How to make friends • What makes a good friend • Appropriate / inappropriate behaviour of friendships • Explore bullying 	<p>Develop understanding of safety at home, school and in community:</p> <ul style="list-style-type: none"> • Feelings about being bullied because we are different; fairness and rules of society • Walking safely and independently; crossing a road • Following a familiar route • Use of public transport • Role play assertiveness in different situations • Safety from crime • Explore safety in home and school • Safety on a journey • Practise travelling safely on transport <p><i>Link to topic – water water everywhere (water safety)</i></p>
	Autumn 2020	Spring 2021	Spring 2021

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<p>Year 2</p>	<p>Healthy and Prevention Develop an understanding of how to keep healthy internally and externally:</p> <ul style="list-style-type: none"> • Explore different fruits and vegetables bought locally, trace where they are from globally • Transmission of germs through touch • Importance of personal hygiene • What our bodies need to be healthy • Explore different toiletries and how they should be used • Explore safe and unsafe Sun exposure <p><i>Link to Science – Humans (Bacteria, ill health, skin and hygiene)</i></p> <p><i>Link to sustainable goal 3 Ensure healthy lives and promote wellbeing at all ages.</i></p> <p><i>Link to sustainable goal 12 Ensure sustainable consumption</i></p>	<p>Changing adolescent body Understand how a baby grows, develops and is born; understand different roles within the family Develop an understanding of appropriate / inappropriate behaviour to others Learn how the body changes in preparation for puberty:</p> <ul style="list-style-type: none"> • Differences between girls and boys • Use correct terminology when naming body parts • Changes that take place as part of puberty • Explore hygiene products and how to use them • Explore moods, feelings and emotions, when they may feel these and ways of dealing with them <p><i>Link to Science – Animals, including humans & Reproduction and Sex Ed.</i></p>	<p>Drugs, alcohol and tobacco Learn that medicines and drugs can be harmful if not appropriate; different medications can help:</p> <ul style="list-style-type: none"> • Explore first aid kits. • Who takes medicines and why? • What goes into / onto our bodies? • Ringing emergency services. • Visit from school nurse to discuss drugs and medicines. • Explore the effects of alcohol and smoking. <p><i>Link to sustainable goal 3 Ensure healthy lives and promote wellbeing at all ages.</i></p>
<p>2021 Autumn Term</p>		<p>2022 Spring Term</p>	
<p>Year 3</p>	<p>Being Safe Learn what it means to live a safe lifestyle:</p> <ul style="list-style-type: none"> • Saying 'no' to things we don't want to do. • What to do if we meet a stranger • People who can help if we're in danger • What is privacy • Good and bad secrets • Understanding personal boundaries. <p><i>Link to topic – can't cook, won't cook</i></p>	<p>Making a positive contribution Think about issues, problems and events; communicate personal opinions:</p> <ul style="list-style-type: none"> • Explore personal, local news about themselves, school and immediate community • Visit scenes of local news • Sources of news information • Contribute to local news / group discussions 	<p>Economic well being and financial capability Develop an understanding of values that influence spending; working within a budget:</p> <ul style="list-style-type: none"> • Focus on needs and wants – differences in what we need to survive and what we would like • Set up class team, plan and organize an event / take part in fund raising event / set up simple enterprise to make and sell items in school e.g. sponsored walk, charity fundraising <p>Link to sustainable development goal 1- No poverty 2- no hunger</p>

PSHCE

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	2022 Autumn Term	2023 Spring Term	2023 Summer Term
Year 4	<p>Making a positive contribution</p> <p>Learn about the importance of everyone's opinions being valued:</p> <ul style="list-style-type: none"> • Democracy • Voice in class and school • Visit by school governor • Local facilities and community • Local and global issues <p><i>Link to Topic – Panto</i></p> <p><i>Link to sustainable development goal 16 Promote peaceful and inclusive societies</i></p>	<p>Respectful Relationships</p> <p>Learn about a variety of relationships; behaving appropriately:</p> <ul style="list-style-type: none"> • Qualities of individual student within class • Different groups to belong to outside school • Participating and contributing in team building activities • Contributing to group activities – help in younger classes • How families differ • Appropriate / inappropriate behaviour in different situations • Friendships – making and sustaining friendships <p><i>Link to Science – ‘Humans’ Reproduction and Sex Education.</i></p>	<p>Mental Well-being</p> <p>Prepare for change into adult life; making choices:</p> <ul style="list-style-type: none"> • Explore range of feelings; why do we feel like that? • Appropriate / inappropriate behaviour • Role-play feelings • Calming down / relaxation strategies • Worry box Consider achievement, likes, dislikes, personal qualities and skills • Role play how other people affect mood and wellbeing • Respecting others opinions and belongings • Strategies for expressing and managing feelings • Developing calming methods • Worry box

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	2023 Autumn Term	2024 Spring Term	2024 Summer Term
Year 5	<p>Drug Awareness and first aid</p> <p>Develop understanding of safe and unsafe drugs:</p> <ul style="list-style-type: none"> • Basic first aid box • Visit by nurse – first aid box and medication • Basic first aid – gloves, cleaning own cuts • Safety around medication / drugs • Ringing 999 • Smoking / drinking dangers <p><i>Link to Science – Humans, Digestion and Healthy Living</i></p> <p><i>Link to sustainable goal 3 Ensure healthy lives and promote wellbeing at all ages.</i></p>	<p>Economic well being and financial capability</p> <p>Experience financial services and economic functions:</p> <ul style="list-style-type: none"> • Prepare for work experience and inclusion opportunities • Consider different jobs available in the community – responsibilities of work, what people wear, how they behave • <p>Learn how money is used; working within a finite budget:</p> <ul style="list-style-type: none"> • Experience how goods are manufactured and sold • Using a bank to save money • Visit local bank • Planning, budgeting, spending, keeping accounts for class event / day out <p>Link to sustainable development goal 8 Decent work for all</p> <p>Healthy lifestyles</p> <p>Think about how they spend their leisure time:</p> <ul style="list-style-type: none"> • Participate in leisure classes <p>Investigate leisure facilities:</p> <ul style="list-style-type: none"> • Obtain information from various sources • Take part in community activities, evaluating value for money – make choices about use of leisure time • Learn to play games and follow rules <p><i>Link to Science – Humans (heart, lungs, exercise & substance abuse) Link to sustainable goal 3 Ensure healthy lives and promote wellbeing at all ages.</i></p>	<p>Changing adolescent body</p> <p>Develop understanding of appropriate / inappropriate behaviour towards others:</p> <ul style="list-style-type: none"> • Types of love e.g. parents, pets, friends <p>Learn how the body changes in preparation for puberty:</p> <ul style="list-style-type: none"> • Differences between girls and boys • Use correct terminology when naming body parts • Changes that take place as part of puberty • Explore hygiene products and how to use them • Explore moods, feelings and emotions, when they may feel these and ways of dealing with them <p><i>Link to Science – ‘Humans’ Reproduction and Sex Education.</i></p>

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