

PSHCE

Lower Key Stage 2
Subject Mapping

	Autumn 2019	Spring 2020	Spring 2020
Year 1	<p style="text-align: center;">Making a positive contribution</p> <p>Discuss dilemmas from everyday life; interact with a range of people; responsibilities in classroom/school:</p> <ul style="list-style-type: none"> • Set up class rules • Appropriate behaviour within school • Adults who help • Jobs in classroom • Jobs in school / community 	<p style="text-align: center;">Healthy Eating and Physical Health and Fitness</p> <ul style="list-style-type: none"> • Taste range of fruit and veg • Caring for our bodies • Explore different toiletries • Decide what to wear for different occasions e.g. PE, school disco • Say something positive about peers appearance • Examples of regular exercise e.g. swimming, biking, ect. 	<p style="text-align: center;">Mental Wellbeing</p> <p>Explore changing feelings; pupils recognise they have choices to make that will affect others:</p> <ul style="list-style-type: none"> • Explore situations that make us feel sad, happy, angry, scared • Role play situations and explore how behaviour affects others • Calming down techniques <p style="text-align: center;"><i>Link to Topic - What do we find beside the seaside?</i></p>
	Autumn 2020	Spring 2021	Spring 2021
Year 2	<p style="text-align: center;">Economical well being and financial capability</p> <p>Understand the importance of money; money needs to be earned, can buy a variety of things; earning money:</p> <ul style="list-style-type: none"> • Visit shops to see what money can buy • Role play • Jobs here and in different countries • Make items to sell in school <p style="text-align: center;"><i>Link to Topic - India</i></p>	<p style="text-align: center;">Caring Friendships</p> <p>Understand what makes a good / bad friend; develop social skills, sharing, turn taking; being a good friend</p> <ul style="list-style-type: none"> • What makes a good /bad friend? • Role play kind / unkind behaviour • Strategies to deal with unkind behaviour • Special people book • Appropriate / inappropriate behaviour of friendships <p style="text-align: center;"><i>Link to Topic – Terrible Tudors</i></p>	<p style="text-align: center;">Drugs, and basic first aid.</p> <p>Learn that medicines are drugs; medicines used sensibly help make you well but are harmful if used wrongly:</p> <ul style="list-style-type: none"> • Explore contents of 1st aid box • Ringing 999 • Who can give us medicine • How to take medicine carefully • Nurse / doctor visit • Visit a pharmacy

PSHCE is embedded throughout the curriculum in addition to being taught as a discrete subject. PSHCE not only encompasses structured units of study, but also includes personal and life skills which are promoted on a daily basis both within the school curriculum and beyond. Additional opportunities for learning include school activities, concerts, residential holidays, home management, travel and vocational models.