

RHYTHM AND MOVES

CAN YOU MAKE A MUSICAL INSTRUMENT TO CREATE YOUR OWN RYTHYM AND MOVES?

Musical instruments

1



SHAKER

Fill a plastic bottle with rice or pasta and decorate.

2



DRUM

Use tin can or containers, stretch a balloon and secure with elastic bands

3




GUITAR

Cut a hole and stretch elastic bands over a tissue or cereal box

A rhythm is a pattern of sounds at different lengths

Can you use your musical instrument to make the sounds of the fun food rhythms below

 HOT DOG 	 GRAPE SODA 	 APPLE PIE 	 HOT FUDGE SUNDAE 	 COCONUT SHRIMP 
 RICE KRISPIE TREAT 	 CHOCOLATE STRAWBERRY 	 CINNAMON OATMEAL 	 MILK AND CEREAL 	 AVOCADO TOAST 

You can put movement to the rhythm to create your own dance

Hot Dog: Look left, look right

Hot Fudge Sundae: Marches

Apple pie: Step, step, jump

Can you create your own rhythm and moves?