



Lets get busy: Fingers



Paint



Using a large paint brush and a container of clean water draw on the wall , patio or fence.
Using chalk draw pictures on the floor .
Draw on paper using paint or chalk
(tip: it's the process not the result we are looking for)

Foam



Spray some shaving foam onto a tray or outside window. Swirl hands through the foam.
Try to make shapes in the foam lines?
Try to draw a face?
Have a go at writing your name.
(tip: cover up with an old shirt; clean up with the shirt and pop it in the washing machine).

Pencil skills



Play dough to hand roll, pinch, model and use cutters.
Paper and pencils/crayon make marks and scribble (tip if you draw a plate or a sheep they can do circles for pasta/ wool).
Follow patterns of lines circles zigzags and shapes using thick /thin pencil/pens.
Colouring books with simple pictures to complex mindful colouring books.

Post and Thread



Post pebbles into a box.
Post a slice of tube/bracelet/curtain ring onto a kitchen roll holder.
Make your own beads with play dough and when dry thread them onto a string.
Cut a paper straw into small pieces and thread onto some ribbon or string.