



Lets get busy: Life Skills



Laundry



Help to put clothes into the washing machine.
Play with the pegs; clipping and unclipping onto peg container.
Help to hand the pegs to the person hanging out the washing.
Fold tea towels, small towels or flannels
Can you find socks that match?
(tip; colour, size, length).

Sweeping & Vacuuming



Help to hold the dust pan or sweep into a pile for collection.
Push the vacuum cleaner around the room to Hoover the carpet.
Help to store the cable after it has been unplugged by an adult.

(tip; unless cordless an adult should plug and unplug the vacuum).

Washing up



In some warm soapy water, play with plastic cups.
Under supervision, run warm soapy water, wash up your snack cup and plate. This will also wash your hands.
Wash up after a meal independently.
(tip; initially an adult may need to check the quality).

Cleaning



Have your own duster; move it around surfaces with help.
Have your own duster and dust a whole surface.
Use a damp cloth and wipe the whole table /work surface/window.

(tip; use a natural cleaning product, vinegar or soap and water).