

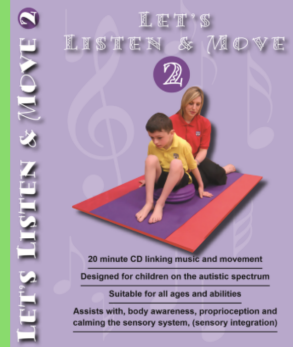


Pressure Touch

Pressure touch activities calm and regulate the nervous system. The use of pressure increases the child's tolerance to touch.

We have worked with physical therapy professionals to develop 'Listen and move' a range of activities to calm our young people.

Always use gentle firm pressure



The weight should be no more than 10% of the child's body weight